

Getting Going with Endurance

12 March 2025 7:30-9:00

This online session is for coaches in a group that is either thinking of doing endurance or has started the process of doing endurance but not sure what to do next. Endurance is an activity that any group can do and is a great way for participants to gain certificates. Endurance can be done in an indoor or outdoor riding school, in a field or out on paths and tracks, so do not be put off that you need to be able to ride or drive out for miles and miles.

This session will cover:

- Filling in the forms
- Planning your route
- Making it engaging for participants
- Other opportunities, such as the Endurance League and taking it further.

There will be plenty of opportunity to ask questions and share ideas.

